



## Health and Wellness

Promoting healthier lifestyles is among initiatives that stand at the forefront of MGP's community support activities. These encompass a wide array of methods and services provided by the Company and its employees to help improve the physical, emotional and mental well-being of residents area-wide. The provision of funds to local and regional hospitals, clinics, medical foundations and other healthcare-related agencies has made numerous enhancements possible in regard to advances in diagnostic and treatment facilities and capabilities. MGP personnel volunteer their time and services assisting with health fairs and blood drives, as well as disaster relief efforts within and beyond community, state, regional and national boundaries. A high degree of volunteerism is also shown by MGP employees through their membership on hospital and health agency boards and committees, along with contributions to special projects such as those launched by the recently formed "Live Well, Live Atchison" council, which proactively addresses community health concerns through widespread educational and public awareness campaigns. Annually, employees participate in community Relay for Life activities to raise funds for cancer research, treatment and cures. Employees also regularly initiate special programs to support various other health-related causes, including fundraising events for such non-profit organizations as the Atchison County Health Clinic, which provides medical services to individuals and families unable to obtain adequate health insurance coverage. Within the Company, substantial progress continues to be made in regard to the development and commercialization of specialty ingredients for use in the production of healthier foods. These include ingredients that increase protein and dietary fiber levels for improving muscular health and battling obesity and diabetes, respectively, along with solutions for reducing fat and sodium intake. MGP takes healthcare seriously and continues to make strides on several fronts to support advances in providing health and wellness solutions.

